

How to lower your out-of-pocket costs

Ascension Complete is a Medicare Advantage plan created with the help of doctors, so you can trust you are getting what you need. In addition to personalized care, you also have access to a wide range of tools and resources to help you save money.

Here are four quick and easy ways to lower your out-of-pocket costs:



Use in-network providers

In-network providers are covered as part of your plan, and care with an in-network provider will generally cost you less than care by out-of-network providers. To find a full list of in-network providers, click on **Find a Provider** on the home page of the Member Portal at member.ascensioncomplete.com.



Stay healthy by taking advantage of your preventive coverage

With Ascension Complete, you are eligible for a \$0 copay for most preventive services covered by Medicare, like vaccines and screenings for diabetes. Ascension Complete even offers rewards through a prepaid Visa gift card for completing preventive screenings. Learn more by visiting the Rewards section of the Member Portal at member.ascensioncomplete.com.



Get care without visiting the doctor's office

You may also save money by taking advantage of virtual visits with doctors. These telemedicine services connect you with a doctor by phone or video and are available to members at no additional cost. This is a convenient and time-saving element to use for non-emergency health concerns and symptoms, like a cold, rash, or sinus infection.



Buy generic prescriptions when available

Be sure to ask your provider if a generic version of your prescription is available. Generic drugs have the same ingredients, are just as effective as brand-name drugs, and are often more affordable. Ascension Complete also offers a mail order pharmacy service with free shipping, delivering 90-day supplies of some prescriptions right to your doorstep. Call the **Ascension Complete Member Services** team to learn more.

WE CAN HELP YOU FIND OTHER WAYS TO SAVE MONEY.

Florida: 1-833-603-2971
Illinois: 1-833-293-5966
Kansas: 1-833-816-6623
(TTY: 711)

From October 1 to March 31, you can call us 7 days a week from **8 a.m. to 8 p.m.** From **April 1 to September 30**, you can call us Monday through Friday from **8 a.m. to 8 p.m.** A messaging system is used after hours, weekends and on federal holidays.